

Women Find Clear Skin In Simple Laxative

A sense of false modesty often prevents women from admitting that many of her ills and disorders are due primarily to constipation.

But women who know themselves have learned that headache remedies and beautifiers only cover the trouble but do not dislodge it.

What is needed is a remedy to move the bowels and stir up the torpid liver. An ever-increasing number of sensible women take a small dose of a combination of simple laxative herbs with pepsin known as Dr. Caldwell's Syrup Pepsin and sold by druggists under that name.

It will save a woman from the habitual use of headache remedies, skin lotions and similar makeshifts. Once the bowels are emptied and regulated, the headache and the pimples and blotches disappear. It is the rational, natural method.

A bottle of Syrup Pepsin lasts a family a long time, and all will find use for it from time to time. Thoughtful people are never without it in the house.

The druggist will refund your money if it fails to do as promised.

**Dr. Caldwell's
SYRUP PEPSIN**
The Perfect Laxative

NO INCREASE
In spite of numerous
increased laboratory
costs due to the war,
the manufacturers of
Dr. Caldwell's Syrup
Pepsin are absorbing
their profits and absorbing
the war taxes, so
that this family laxative
may remain at the pre-
war price of 50c and 50c
a large bottle. So add
by druggists for 25 years

FREE SAMPLES—Dr. Caldwell's Syrup Pepsin is the largest selling liquid laxative in America. If you have never used it, send your address for a free trial bottle to Dr. W. B. Caldwell, 465 Washington St., Monticello, Ill. If you have taken it in the family send for a copy of "The Care of the Baby."

SUNDAY SUBJECTS

The subject at the Christian Science reading room will be Soul and Body.

At 2:30 p. m. Rev. Edward F. Barrow will conduct the service at the Sheltering Arms.

At Taftville Congregational church, Morning, Shall Christ Be Lifted Up. Evening, Living Together.

At Park Congregational church, Morning, service, preaching by the pastor, Young People's service.

At Christ church, Holy communion 9:30. Service and sermon at 10:30. Sunday school 12. Evening prayer 7:30.

At the Sheltering Arms Rev. Edward Barrow, pastor of A. M. E. Zion church will have charge of the Sunday afternoon services.

At Grace Memorial Baptist church there will be preaching morning and evening by the pastor, Sunday school at noon. Union Lyceum in the afternoon.

At the First Congregational church Rev. G. H. Boring will preach at the morning service upon The Surprising Presence of God. Y. P. S. C. E. at 6:30 p. m.

At Mt. Calvary Baptist church, Morning, preaching service, 12 m. Sunday school, 7 p. m. praise service, led by Deacon J. H. Harris, 8 p. m. preaching.

At Trinity Episcopal church there will be holy communion at 9:30 a. m. Morning service and sermon at 10:30 a. m. and evening service and address at 7:30 p. m.

At the Greenville Congregational church Sunday morning there will be a preaching service conducted by the pastor, Subject, The Things of Caesars. The Sunday school will meet at 12 o'clock.

The Union services of the Second

Congregational and Broadway churches will be conducted by the Rev. Joseph H. Selden, D. D. Morning worship with sermon on The Well in the Valley of Baka.

At St. Andrew's Episcopal church, Rev. William H. Smith, rector. Holy communion 9:30 a. m. Matins 10:30 a. m. Sunday school 12 noon. Evensong, 7:30 p. m. Morning, Trust and Do Good. Evening, Why Not a Christian?

At the Church of the Good Shepherd, Universalist, Rev. Joseph F. Cobb will preach on the subject, Three Important Qualities of Christian Manhood, Sunday school at noon. The Mission circle will meet at 3:15 Tuesday at the home of Mrs. E. A. Tracy.

At the McKinley Ave. A. M. E. Zion church, Morning worship and sermon Subject, Christ Our Life, Sunday school at noon. At 7:45 p. m. in the observance of Education Sunday there will be a special service with Davis Kinsley Hall, of Livingston college, N. C., as principal speaker.

At Grace church, Yantic, at the morning service, the Boys' Service League will present to the rector for dedication the service flag, containing ten stars, given to the church by the Woman's Guild. Appropriate music and the rector's subject will be, Choose Ye Whom Ye Will Serve.

At Trinity Methodist Episcopal church, Rev. J. H. Newland, pastor. Morning subject, The Sword Bathed in Heaven. Sunday school at 12. Young People's meeting at 6:30. Leader, Avery Stanton, assistant, Addison Seckins, subject, The Ruin of a Masterpiece. Evening worship subject, The Parable of The Talents, A Programme of Success.

At Wauregan Congregational church, Rev. William Fyrling, pastor. The subject of the morning sermon will be, What Guards the Christian's Inner Life. At five o'clock there will be a patriotic music service to which all public or organizations are invited in a body. Music by the Liberty Chorus. Address on America's Duty in the Present Crisis.

At the Central Baptist church, morning service at 10:30 and service in

WAR NEWS DIGEST

Stories of Activities and Conditions Throughout the United States and on the Battle Fronts

Assistant Secretary of Labor Says Wages Do Not Keep Pace With Rising Cost of Living.

Wages increases in the United States are not keeping pace with the advance in the cost of living, Assistant Secretary of Labor Post asserts. Figures compiled by the Bureau of Labor Statistics of the Department of Labor he says, show that while the cost of food last year increased 25 per cent for the entire country, wages rose only one-half or two-thirds of that rate.

The statement issued by the Bureau of Labor Statistics showing the increased living costs throughout the United States for the year ending January 15 says:

"Comparing January 15, 1918, with January 15, 1917, the price of food as a whole increased 25 per cent. All articles shown declined excepted with the exception of potatoes, which decreased 16 per cent. Corn meal shows the greatest price change, an increase of 77 per cent. Bacon increased 64 per cent; lard 58 per cent; pork chops, 44 per cent; ham 42 per cent; milk, 25 per cent; hens 28 per cent; butter, 25 per cent; eggs 23 per cent bread, 19 per cent; sugar, 18 per cent; and flour, 17 per cent.

Glass Found In Food In But One Case Out of 200 Investigated.

The frequent and widespread publication of statements concerning the presence of ground glass in foodstuffs has led the Committee on Public Information to inquire into the authenticity of these reports. It has been advised by the Food Administration that through investigations of more than 200 of the cases has disclosed only one instance in which ground glass was found in the foodstuffs inspected.

The case in which glass was found occurred at Fort Smith, Ark. A baker in that town had had trouble with his employees, one of whom desiring revenge had filled with glass a loaf of bread which was to be delivered to an orphanage. When the bread was served to the inmates of the institution several of them suffered lacerations of their lips. No more serious injuries resulted.

Council of Defense Favors School District Organization.

In a statement urging the creation of "community councils" the Council of National Defense cites the advantages of the school district as a unit of community organization. The school district is small enough to permit individual contact, and is non-political.

The schoolhouse supplies a meeting place in each district, and in many schools includes domestic science, manual training and other facilities.

The school district reaches children and parents alike and in the cities the school is, to a large extent already in touch with the alien population. The school is an established center of information and education.

The school principal faculty provides a tried agency through whose assistance community organization can be quickly effected.

The school district, with the schoolhouse as its center, also is a social community, especially in farm districts.

Federal Trade Commission Protects Mail-Order Lumber Companies.

The Federal Trade Commission has issued orders to 35 lumber companies of the Middle West and far West requiring them to stop certain trade practices in relation to mail-order lumber concerns. Among the practices which are barred by the orders are the following:

Obtaining from mail-order concerns in bad faith or by subterfuge, estimates of the prices of lumber and building material and obtaining catalogues and special information intended only for bona fide customers and prospective customers.

Through actual or threatened withdrawal of patronage, including manufacturers or wholesalers to refuse to furnish supplies of lumber and building material to mail-order concerns.

Following or causing salesmen of mail-order concerns to be followed from place to place with the object of hindering and embarrassing them in their negotiations with prospective customers.

New Swindle Takes Money From Parents of Soldiers.

Parents of soldiers in camps are warned by the War Department of a swindle which has been successfully operated in various camps.

A telegram is sent informing that the soldier has a furlough, and requesting funds by wire to come home, raising identification. The rest is a mere matter of detail.

Parents and friends should be warned of this game and of the similar

one where the telegraphic request is to mail money to the soldier, care general delivery.

Free of Duty.

In order to meet the demand for increased production of foodstuffs, instructions have been issued in Canada permitting the free admission of teams, vehicles, implements, and other outfits which have been in use for farming purposes, conditional on their reexportation prior to December 31, 1918.

Government Provides Soldiers Here and Abroad With Athletic Equipment.

Nearly 600 boxes of athletic goods have already been distributed to troops in the United States and Europe by the Commission on Training Camp Activities, which expects to equip every company going to France with athletic goods.

Each box contains 1 dozen baseball bats, 4 baseball caps, catcher's chest protector, mask, and mitt, baseball glove, 6 playground balls and 2 bats, 4 soccer balls, 2 footballs, 2 volley balls, 10 sets of boxing gloves, medicine ball, basketball, and rule books.

Federal Farm Loan Board Approves Loans Totalling \$160,000,000 In Year.

A review of the first year of operation of the Federal Farm Loan System shows that 2,898 national farm loan associations were incorporated, representing about four associations to each five counties of the United States. They average 20 members, or a total membership of about 58,000 farmers. These 2,898 associations have received applications for over 120,000 loans, amounting to about \$300,000,000. About 80,000 loans, amounting to over \$160,000,000, have been approved. Of the 30,000 of these loans over \$30,000,000 has been paid to the farmers.

Food Administration Further Limits Use of Wheat Flour.

Under the new baking rules issued by the Food Administration the substitute for wheat flour content of all bread and rolls must amount to 25 per cent. The substitute content hereafter required in various products follows:

Wheat yeast dough goods, 33 1-3 per cent; crackers, 35 per cent; cookies and ice cream cones, 33 1-3 per cent; pies, 33 1-3 per cent; fried cakes, 33 1-3 per cent; pastry, 33 1-3 per cent; batter, waffles, quickbread—such as muffins and Boston brown bread 68 2-3 per cent.

Under the new rules no public eating place may serve more than 2 ounces of bread or rolls or more than 4 ounces of quickbread to any one person at any one meal.

With customers who buy loaf bread, bakers are urged to promote the use of the three-quarter pound loaf, following the Food Administration's request that the 12-ounce loaf be used where the 16-ounce loaf was used before.

Bakers are urged to introduce "quick bread" or a wheat-saving measure. These quick breads, including muffins, baking-powder biscuits, corn bread, Boston brown bread, griddle cakes, and waffles must contain two-thirds wheat-flour substitutes.

The use of the words "milk" or "cream" on wrappers and labels is no longer prohibited but milk bread must still be sold at the same price as bread made without milk.

American Engineers Build Railways In France.

The official review of the first year of war issued by the Committee on Public Information contained the following description of the work of American engineers in France:

American engineers have gone into French forests and done the work of the pioneers of our own Northwest. They have frequently been under fire. One of their first tasks was the reconstruction and extension of a railroad 600 miles long to carry our products from ports of disembarkation to general bases of operation.

The First Engineer troops, 1,100 strong, arrived in France about three months after war was declared. Since then the number has been greatly augmented. These troops have been constantly engaged in general engineering work, including the construction of railways, docks, wharves, canals, and hospitals.

An American Army locomotive was built in this country in 21 days and shipped to the Expeditionary Forces. Many other locomotives, cars, logging trains, trucks, disassembled buildings and other equipment have been shipped to augment the output and facilitate the construction operations of American forces abroad.

Consumption of Bread Is Again Cut by French Order.

The latest bread allowance in France placing the ration at about two-thirds of that heretofore maintained, limit minimum consumption, per day, as follows:

Children less than 3 years old, 3 1-2 ounces.

Children from 3 to 13 years old, 7 ounces.

Persons from 13 to 60 years old, 10 1-2 ounces (hard workers in this age class may receive 3 1-2 ounces more).

Persons over 60, 7 ounces.

The Fuel Administration has issued

BUY A
LIBERTY
BOND

A STORE THAT "STANDS BY"
PEOPLE ARE PUTTING FAITH IN AND DEPENDING A GREAT DEAL ON THIS STORE NOWADAYS. THEY KNOW THAT IT IS "STANDING BY" TO PROTECT THEM WITH QUALITIES THAT ARE BACKED BY THE UNQUALIFIED "MOHICAN" GUARANTEE FOR SATISFACTION AND WITH PRICES THAT ARE LOWEST FOR SUCH QUALITIES.

BUY A
LIBERTY
BOND

United States Food Administration License Numbers G-08535—B-9118

Special—9 a. m. to 1 p. m.

Fresh Shoulders
lb. 25c

STEAKS
lb. 30c

SWIFT'S SELECTED
SPRING LAMB

Short Cut Legs, lb. 32c

Fores Lamb, lb. 28c

Loins Lamb, lb. 30c

Rib or Loin Lamb Chops lb. 45c

SWIFT'S PREMIUM
ARMOUR'S STAR
DOLD'S
FERRIS HAMS, lb. 30c

THE MOHICAN COMPANY

Armour's Sugar Cured
Smoked

Shoulders, lb. 25c

Sirloin, Porterhouse, Round

NATIVE VEAL
Right from Preston City Farms. The Finest Veal That Has Come to the Market This Year.

Short Cut Legs, lb. 32c

Loins to Roast, lb. 30c

Rump Roast, lb. 26c

Shoulder Roast, lb. 24c

Veal for Stuffing, lb. 22c

Veal Steak, lb. 40c

Rib or Loin Veal Chops lb. 35c

NATIVE CHICKENS
lb. 38c

NATIVE FOWL
lb. 38c

CHAMBERLAIN'S
DRIED BEEF, lb. 48c

BEEF BEEF BEEF

Prime Rib Roast, lb. 25c

Prime Chuck Roast, lb. 22c

Lean Pot Roast, lb. 20c

Fresh Cut Hamburg lb. 22c

Fresh Beef Liver, lb. 16c

Fancy Rump Roast, lb. 24c

All Choice Cuts
Corned Beef, lb. 20c

PICKLED PIGS' FEET
lb. 10c

PICKLED TRIPE
lb. 10c

SALT RIBS
lb. 10c

RED BUTTERFLY TEA
1 lb. box, all flavors. 35c

FANCY PEACHES
can 30c

BAKER'S COCOA
can 22c

FANCY FIG BARS
2 lbs. 37c

MOHICAN PURE JAM
jar 30c

MOHICAN SPECIAL
COFFEE, lb. 35c

BEST PURE WHITE LARD
Today only 29c

SWIFT'S PREMIUM
OLEOMARGARINE
GEM
NUT
MARGARINE, lb. 29c
35c regular value

A Pure Vegetable Product

ARMOUR'S
VEGETOLE
pail 65c, \$1.05

For Shortening

MOHICAN CREAMERY BUTTER
lb. 45c

LION CONDENSED
MILK, can. 17c

DAVIS' BAKING
POWDER, 1 lb. can. 19c

PINHEAD OATMEAL
lb. 8c

TOILET PAPER
3 rolls 13c

FANCY CANNED PEAS
can 15c

FANCY CANNED
TOMATOES, can. 15c

SAUERKRAUT
2 lbs. 15c

A No. 1 MAINE POTATOES, peck. 33c
BE PATRIOTIC—EAT MORE POTATOES

FRESH
SELECTED
EGGS
dozen
39c

None
Better

ONIONS
5 lbs. 10c

JUICY PORTO RICO
ORANGES, dozen. 39c

HEAVY PORTO RICO
GRAPE FRUIT, 5 for 25c

DELICIOUS WINE SAP
APPLES, dozen. 35c

JUICY CALIFORNIA
LEMONS, dozen. 29c

STRAWBERRIES
package 39c

SEEDLESS RAISINS
package 13c

BOSTON HEAD LETTUCE, head. 12c

FRESH PARSLEY, STRING BEANS, PEAS, EGG PLANT, TOMATOES, RADISHES, RHUBARB, ETC.

Mohican CREAMERY BUTTER
lb. 45c

a warning against the use of domestic sizes of hard coal by industrial plants.

Representatives of the musical-instrument industry have agreed to a curtailment of their output to 70 per cent of normal during April and May.

A total of 100,000 women are now on the pay roll of the Prussian-Hessian Railway according to a statement in the Leipziger Illustrirte Zeitung.

Norway, where no gasoline has been obtainable for many months and automobiles have practically ceased running experiments are being made to operate motor cars with acetylene gas.

The total amount of foodstuffs shipped during March from the United States and Canada to the allies according to the Food Administration, was about 1,100,000 tons, compared with 750,000 tons in February.

Red Cross workers at line of communication centers in France accompany American soldiers on shopping trips, to see that they receive correct change and otherwise advise them in their encounters with French shopkeepers.

Three landing fields have been obtained for the proposed Washington New York airplane postal service at Washington, Philadelphia, and New York. According to the Post Office Department the service will start not later than May 15.

BRIEF STATE NEWS

Fairfield—The Fairfield county children's home at Norwalk is under quarantine on account of scarletina. Ten cases have developed in the institution and one death occurred. The majority of the cases are mild in form.

Middletown—The list of cases dropped from the docket of the superior court by Judge Lucien F. Burpee at the annual calling of the docket last Friday has been issued by Clerk Charles G. K. Vinal. The list contains 131 cases.

Branford—In the casualty list of yesterday appeared the name of Corporal Frank E. Gordon, who died in action. Corporal Gordon was a member of the Branford battery and enlisted at the Lighthouse Point camp about the middle of last June, before it went across.

Waterbury—The proposed new wage agreement to be presented to the Connecticut Company by the local Trovimen's Union, calls for an increase of from 12 to 15 cents an hour over the present scale, and the

substitution of a 50-cent meal ticket for the present 25-cent card as given by the trolley company.

South Manchester—Cherry Brothers have a special mail carrier who carries mail between this town and New York city. Owing to the poor mail facilities now existing a special carrier collects all of the mail at the New York office every evening and carries it to Manchester by train. The mail is sorted the same evening and distributed early in the morning.

A collection of mail at the local plant follows and this mail is delivered at the New York office the same afternoon.

Bridgeport—The winter quarters of the Barnum & Bailey circus, which has been located in this city since the time P. T. Barnum started his gigantic amusement enterprise, may be removed to the little town of Barre, Wis. The war is the cause.

Hawthorne Manufacturing Company, manufacturers of hand grenades and other war material, has taken over

a part of the huge building formerly used for many years as the winter quarters for the elephants in the circus, and this is expected to be the forerunner of a plan to acquire the entire Barnum & Bailey property.

CANTERBURY
Town Goes Over the Top in Raising Bond Apportionment, Due to Emergency of Committee.

The Liberty bond committees for the town have gone "over the top" in raising the town's assessment. The chairman of the men's committee, Marshall J. Frink and chairman of the women's committee, Mrs. Clinton Frink, with their assistants have been working steadily with a zeal which shows their loyalty to Uncle Sam and have reason to be proud of the result of the campaign.

Truth will out—and it will out of some men so completely that it leaves not a trace behind.



HALF OF THE ENTERTAINMENT LIES IN THE ATMOSPHERE OF THE SURROUNDINGS

There is a certain air of good fellowship about even the furniture and general ensemble of some homes that is contagious—cannot be resisted.

The ambitious housewife wants the appointments of her home to be right. SHE will come to us.

SHEA & BURKE
HOME FURNISHERS
37-47 MAIN ST. NORWICH, CONN.
THE HOME OF THE SQUARE DEAL

THE CHELSEA SAVINGS BANK
FRANKLIN SQUARE

OPEN SATURDAYS
DURING THIRD LIBERTY LOAN DRIVE

Continuously from 9 in morning to 8:30 in evening